



BEJA SONORA
TACOS / TOSTADAS / BURRITOS
LONG BEACH CALIFORNIA

MENU

2940 Clark Ave Long Beach, CA 90815
(562) 421-5120

TACOS

HARD TACO - \$4.75 - Deep Fried Hard Taco Shredded or ground beef, chicken, potato, carnitas, lettuce, cheese and sauce.

SOFT TACO - \$5.25 - Shredded beef, ground beef, chicken, carnitas or carne asada served with pico de gallo & guacamole.

FISH TACO - \$5.25 - Tender flaky Tilapia with red and green cabbage, pico de gallo & our special sauce.

SHRIMP TACO - \$5.25 - Tasty Grilled Shrimp with red and green cabbage, pico de gallo & our special sauce.

SALMON TACO - \$5.50 - Grilled Salmon with red and green cabbage, pico de gallo & our special sauce.

MAHI-MAHI TACO - \$5.50 - Mahi-Mahi Deep-Fried in a cotija cheese batter, topped with pico de gallo, cabbage, avocado & special sauce.

VEGGIE TACO - \$3.75 - Refried Beans, Spanish Rice, lettuce, cheese & guacamole. Substitute vegetarian green rice and black beans on request.

SALADS

GRILLED FAJITA SALAD - \$14.25 - Topped with Grilled Chicken, Grilled Bell Peppers, Onions and Tomatoes, Guacamole and Sour Cream. With Chicken, Steak, Fish or Grilled Shrimp. Grilled Veggies Only \$9.95

MEXICAN CAESAR SALAD - \$7.95 - Mexican Caesar Salad. With Grilled Chicken \$11.50. With Asada, Shrimp or Salmon \$12.95

SONORA SALAD - \$12.95 - Salad topped with Sour Cream, Guacamole, Cheese and Tomatoes and Shredded Beef, Chicken, Carnitas. Carne Asada, Grilled Shrimp or Grilled Fish.

TOSTADAS

VEGGIE TOSTADA (not a vegan item) - \$9.75 - Built on our Crispy Chips and topped with Shredded Lettuce, Refried Beans, Cheese, Tomatoes, Sauce, Sour Cream and Guacamole. Substitute Vegetarian Black Beans on Request.

TOTAL TOSTADA - \$13.95 - Built on Crispy Chips with choice of Shredded Beef, Ground Beef, Carnitas, Chicken, Asada or Shrimp with Shredded Lettuce, Refried Beans, Cheese, Tomatoes, Sauce, Sour Cream and Guacamole.

BAJA BOWLS

VEGGIE BOWL - \$9.99 - Grilled Fresh Veggies, Black Beans and Green Rice.

CHICKEN BOWL - \$13.95 - Grilled Chicken Breast, Grilled Fresh Veggies, Black Beans and Green Rice.

SHRIMP BOWL - \$14.95 - Grilled Shrimp with Grilled Veggies, Black Beans and Green Rice.

FISH BOWL - \$13.95 - Grilled Tilapia with Grilled Veggies, Black Beans and Green Rice.

ASADA BOWL - \$14.95 - Carne Asada, Grilled Veggies, Black Beans and Green Rice.

BAJA BURRITO-IN-A-BOWL - \$14.99 - Like the Baja Burrito but No Tortilla. Your Choice of Meat. With Asada or Shrimp \$14.50

AL PASTOR BOWL - \$13.95 - Al Pastor, Grilled Veggies, Black Beans and Green Rice.

SALMON BOWL - \$14.95 - Grilled Salmon, Grilled Veggies, Black Beans and Green Rice.

SOUPS

SM ALBONDIGAS - \$9.50

LG ALBONDIGAS - \$11.95 - Mexican Meatball Soup with Vegetables in a Savory Beef Broth.

COMBO ALBONDIGAS - \$13.95 - Mexican Meatball Soup with Vegetables in a Savory Beef Broth. Served with a Side of Rice and Tortillas.

SM TORTILLA SOUP - \$8.50

LG TORTILLA SOUP - \$9.25 - Chicken Tortilla Soup in a Cream Base. A Favorite Any Time of Year.

COMBO TORTILLA SOUP - \$10.95 - Chicken Tortilla Soup in a Cream Base. Served with a Side of Rice and Tortillas. A Favorite Any Time of Year.

MENUDO BOWL (Sat & Sun) - \$12.75 - Chunks of Meat, Hominy but the rest is a Baja Sonora Family Secret. Served with Tortillas, Cilantro, Onions, Chiles and Oregano.

COMBOS

#1 - TWO HARD TACOS - \$14.25 - Crispy Hard Tacos with Beef, Chicken, Carnitas, Potato or Carne Nada.

#1A - ONE TACO - \$10.00 - One Hard Taco with Beef, Chicken, Carnitas, Potato or Carne Nada.

#2 - TWO TAQUITOS - \$13.99 - Beef, Chicken, or Carnitas Taquitos, served with Guacamole.

#2A - ONE TAQUITO - \$10.00 - One Taquito with Beef, Chicken, or Carnitas, served with Guacamole.

#3 - CHILI VERDE PORK - \$15.75 - Tender Chunks of Pork in a Green Sauce with Corn or Flour Tortillas, Original or Spicy.

#4 - CHILI COLORADO BEEF - \$15.75 - Tender Chunks of Beef in a Red Sauce with Corn or Flour Tortillas.

#5 - CARNITAS - \$16.25 - Served with Guacamole & Pico de Gallo, Corn or Flour Tortillas.

#6 - TWO ENCHILADAS - \$14.95 - Cheese, Beef or Chicken Enchiladas * Mary's Way: Topped with Lettuce, Pico de Gallo & Avocado.

#6A - ONE ENCHILADA - \$10.25 - Cheese, Beef or Chicken Enchilada. Mary's Way: Topped with Lettuce, Pico de Gallo & Avocado.

#7A - ONE ENCHILADA & ONE HARD TACO - \$14.95 - One Enchilada and One Hard Taco.

#7B - ONE ENCHILADA & ONE SOFT TACO - \$15.25 - One Enchilada and One Soft Taco.

#8 - TWO SOFT TACOS - \$14.95 - Beef, Carnitas, Chicken or Asada with Guacamole & Pico de Gallo or Al Pastor with Onions & Cilantro.

#8A - ONE SOFT TACO - \$10.25 - Beef, Carnitas, Chicken, Asada with Pico de Gallo & Guacamole or Al Pastor with Onions & Cilantro.

#9A - ONE TAQUITO & ONE HARD TACO - \$14.25 - One Taquito & One Hard Taco.

#9B - ONE TAQUITO & ONE SOFT TACO - \$14.75 - One Taquito & One Soft Taco.

#10 - ONE CHILE RELLENO - \$12.99 - Made with Two Eggs. Served with Corn or Flour Tortillas. Topped with Enchilada Sauce or Verde Sauce.

#11 - ONE TAMALES - \$11.99 - Pork, Chicken or Cheese/Jalapeno Tamale Topped with Cheese & Enchilada Sauce.

#12 - MACHACA - \$12.99 - Beef, Chicken, Carnitas or Chorizo, con Huevos, and Tortillas.

#13 - CARNE ASADA - \$18.95 - Served with Guacamole & Pico de Gallo, Corn or Flour Tortillas.

#14A - CHILE RELLENO & ENCHILADA - \$15.25 - Chile Relleno & an Enchilada. Served with Corn or Flour Tortillas.

#14B - CHILE RELLENO & HARD TACO - \$15.25 - Chile Relleno & a Hard Taco. Served with Corn or Flour Tortillas.

#14C - CHILE RELLENO & SOFT TACO - \$15.95 - Chile Relleno & One Soft Taco with Corn or Flour Tortillas and a Regular Drink.

#15 - FAJITAS - \$16.95 - Chicken, Steak or Shrimp with Guacamole & Pico de Gallo, Corn or Flour Tortillas, a Regular Drink. All 3 Meats \$21.50.

#16 - TWO TAQUITOS & ONE ENCHILADA - \$15.95 - Two Deep Fried Taquitos with Guacamole & One Enchilada & a Regular Drink.

#17 - ONE HARD TACO & ONE SOFT TACO - \$14.99 - One Hard Taco & One Soft Taco & a Regular Drink.

#18 - FLAUTAS - \$15.95 - Beef, Chicken or Carnitas with Cotija Cheese & Sour Cream & Guacamole & a Regular Drink.

NACHOS

ABE'S ASADA FRIES - \$14.25 - Large Plate of French Fries smothered with Carne Asada, Melted Cheese, Guacamole and Sour Cream. Chicken Breast or Carnitas can be substituted for Carne Asada.

MACHO NACHOS - \$14.75 - Crispy Chips topped with Beans, Cheese, Onions, Tomatoes, Jalapeños (on request), Sour Cream and Guacamole. With Shredded Beef, Ground Beef, Chicken, Carnitas.

NACHOS - \$10.95 - Crispy Chips topped with Beans, Cheese, Onions, Jalapeños (on request), Tomatoes, Sour Cream, and Guacamole.

CHIPS & CHEESE - \$7.99 - Just Chips and Cheese and Plenty of Each.

QUESADILLAS

MEAT QUESADILLA - \$12.99 - A Blend of Melted Cheese in a Large Flour Tortilla with your Choice of Beef, Chicken, Carnitas, Carne Asada. Served with Guacamole and Pico de Gallo.

VEGGIE QUESADILLA (not a vegan item) - \$12.95 - Grilled Veggies and Blend of Cheeses Melted in a Large Flour Tortilla served with Guacamole and Pico de Gallo.

CHEESE QUESADILLA - \$8.25 - Blend of Cheeses Melted in a Large Flour Tortilla. Served with Sour Cream & Pico de Gallo.

KIDS CHEESE QUESADILLA - \$3.95 - Blend of Cheeses Melted in a Smaller Flour Tortilla.

FAJITADILLA - \$15.95

A LA CARTE

ENCHILADA - \$4.75 - Cheese, Chicken, Shredded Beef, Ground Beef, Carnitas or Carne Asada. Try it Mary's Way with Lettuce, Avocado and Pico de Gallo.

CHILE RELLENO - \$6.99 - Omelette Style Relleno topped with Cheese and Enchilada Sauce or Verde Sauce. Try it topped with Carnitas.

TAMALE - \$6.25 - Pork, Chicken or Cheese/Jalapeno Tamale topped with Enchilada Sauce and Cheese.

FLAUTAS - \$9.50 - Chicken, Beef or Carnitas served with Queso Fresco, Sour Cream, Lettuce and Guacamole.

TAQUITOS (2) - \$7.00 - Chicken, Shredded Beef, Carnitas or Carne Asada or No Meat served with Beans, Onions, Lettuce, Tomato, Chipotle Mayo and Avocado.

TAQUITOS (4) - \$12.95

TORTAS - \$10.95

SIDE GRILLED VEGGIES - \$10.00

FRENCH FRIES SMALL - \$4.75

FRENCH FRIES LARGE - \$5.45

CHICKEN WINGS - \$11.95 - Plump and Tender, Spicy Wings with a Side of Ranch Dressing. Six Pieces.

SHRIMP CEVICHE - \$12.95 - A Mix of Tangy Shrimp, Onions, Tomatoes, Cilantro, Jalapenos, Cucumbers and Spices.

SIDES

SM GUACAMOLE 3.25 oz - \$4.75

LG GUACAMOLE 8 oz - \$8.95

REFRIED BEANS - \$4.75

SPANISH RICE - \$4.75

SPANISH RICE & REFRIED BEANS - \$4.75

SM SALSA - \$0.95

LG SALSA 16 oz - \$6.50

PICO DE GALLO - \$1.50

SM SALAD - \$3.75

LG SALAD - \$5.75

TORTILLAS - \$1.75

SOUR CREAM - \$1.95

LG BAG OF CHIPS - \$5.25

ENCHILADA SAUCE - \$1.50

SIDE OF CHEESE - \$1.50

BLACK BEANS - \$4.75

GREEN RICE - \$4.75

BLACK BEANS & GREEN RICE - \$4.75

SIDE CARNE ASADA - \$11.95

SIDE CARNITAS - \$9.95

SIDE SHREDDED BEEF - \$9.95

SIDE CHICKEN - \$9.95

SIDE CHILE VERDE MILD - \$9.95

REGULAR DRINK

COKE - \$3.50

DIET COKE - \$3.50

COKE ZERO - \$3.50

SPRITE - \$3.50

ROOT BEER - \$3.50

DR. PEPPER - \$3.50

LEMONADE - \$3.50

ORANGE FANTA - \$3.50

HORCHATA - \$3.50

ORANGE BANG - \$3.50

JAMAICA - \$3.50

TAMARINDO - \$3.50

PIÑA COLADA - \$3.50

UNSWEETENED

BLACK TEA - \$3.50

SWEETENED BLACK

TEA - \$3.50

SWEET GREEN TEA -

\$3.50

MEXICAN COKE 500

ml - \$4.00

JARRITOS ORANGE

12.5 oz - \$4.00

LARGE DRINK

COKE - \$4.25

DIET COKE - \$4.25

COKE ZERO - \$4.25

SPRITE - \$4.25

ROOT BEER - \$4.25

DR. PEPPER - \$4.25

LEMONADE - \$4.25

ORANGE FANTA -

\$4.25

HORCHATA - \$4.25

ORANGE BANG -

\$4.25

JAMAICA - \$4.25

TAMARINDO - \$4.25

PIÑA COLADA -

\$4.25

UNSWEETENED

BLACK TEA - \$4.25

SWEETENED BLACK

TEA - \$4.25

SWEET GREEN TEA -

\$4.25

SWEET PEACH TEA -

\$4.25